

What is attachment love?

- An enduring bond
- Bond to the source of life
- The strongest motivation in the human mind
- Guide for the identity formation process in

 Infants
 - Our "people group"

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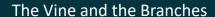
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Attachment language and images in Scripture

- Dabeq glue/attach ourselves
- Kollao glue

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- Prosmeno (and meno) attach
- Hesed enduring goodness toward another
- Aheb love
- Agape attachment love (aheb+hesed)





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THE WAY OF
TRANSFORMATION

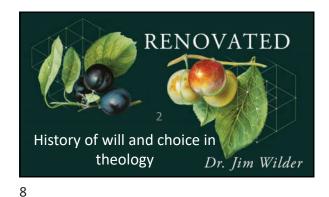
Saint Terres of Avila
on the Foundation and Frair
of Prayer

MARK O'KEEPE O.S.P.

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Attachment love with seen and unseen beings

- If we cannot experience attachment love with people we can see how will we have attachment love for God who we cannot see?
- God's attachment love is the strongest
- Practicing attachment love with people makes attachment love a reality for the brain

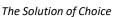


History of the Will and Choice in Theology

- Heart and soul in scripture
- Faculties (including the will) and virtues
- Failure of faculties model BUT without a replacement

What has not transformed us

- Truth
- Choice
- Power
- Tolerance





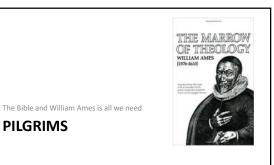
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Voluntarism (primacy of the will) Ames

CHOICE

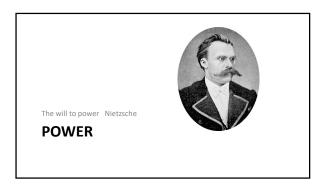
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Voluntarism

- · Medieval psychology (self is the will)
- Reformed view of salvation and the will
- The Romantic Period
- · The Second Great Awakening
- Salvation as a choice/decision for Christ
- · Growth of American Voluntarism

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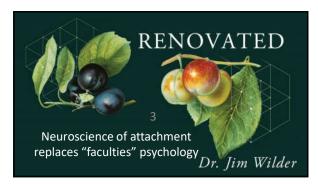


Accepting what we cannot change

TOLERANCE

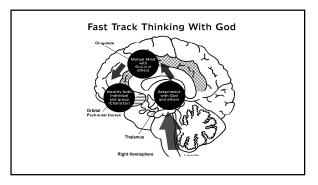
John Locke Thomas Jefferson John Stuart Mill Benedict de Spinoza Voltaire Immanuel Kant

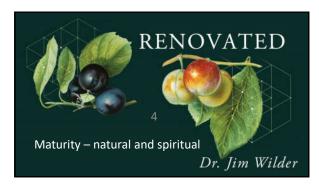
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Neuroscience of attachment replaces "faculties" psychology

- Bishop Nemesius of Emesa 1,600 years ago
- Slow track and fast track (master and steward)
- Mutual mind with God and others

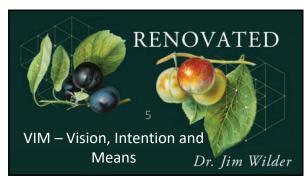




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Maturity - natural and spiritual

- · Spiritual maturity is natural maturity PLUS
- Formation, transformation and formation once more
- The problem with iniquities



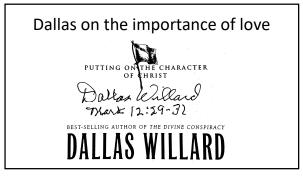
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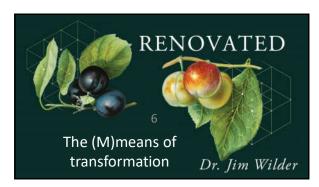
VIM - Vision, Intention and Means

- Vision
 - Need for vision
 - Problems with vision
 - American Christianity is largely vision driven

VIM - Vision, Intention and Means

- Intention or Impetus?
 - Motivating force
 - (I)intention from the will
 - or (I)impetus from attachment love

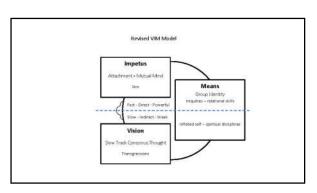




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VIM – Means of transformation

- · Slow track means
 - Many spiritual disciplines
 - Systematic theology, truth and choice
- Fast track means
 - Examples from people we "attachment love"
 - Oral hermeneutics (Gospel as story)



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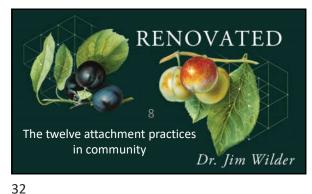
The firewall in the fast track

- Attachment needed to open the firewall
- Without attachment we enter enemy mode



Revisiting the Great Commission

- Witnesses who make disciples (Matthew 28:16-20)
- · Seeing what God sees (mutual mind)
 - Witness mouth or eyes?
 - Judas (not Iscariot) (John 14:22)
 - Attachment love with God is needed to be witnesses
- Attachment love for my people
 - My disciples
 - Of all nations



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The 12 Attachment Practices 1

- Connect us to the source of life (as through food and drink)
 - Take the children to see a garden, orchard or farm.
 See how God feeds us.
 - Have everyone bring and share one "food from God" they enjoy.
 - Engage the discipline of fasting and be fed by God directly.

The 12 Attachment Practices 2

- Allow no substitutions every attachment is unique to one being
 - Create a spiritual family tree for your church. Does your church trace to Zwingli, Luther, St. Peter, Wesley?
 - Provide opportunities for each church participant to create their personal spiritual family tree.
 - Who is God adding to your spiritual family right now?
 - Engage the discipline of silence.

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The 12 Attachment Practices 3

- See the other as special and mine (grace)
 - After a time of thanksgiving and praise to God, have people tell others what God finds really special about that other person. Write that characteristic on a name tag and stick it on them.
 - In small groups of 3-5 listen for what God wants to grow in each member of the group. Commit to praying for that blessing to grow.
 - Engage the discipline of worship.

The 12 Attachment Practices 4

- Build through joy with someone who is delighted to be with us
 - Sing to one another. Sing songs like, "The Servant Song" or "I Love You with the Love of the Lord."
 - Have everyone share their face with Jesus and then use their face to bless every other person present.
 - Thank three people who have contributed to your spiritual maturity and tell them what you have grown as a result of their help.
 - $\boldsymbol{-}$ Engage the discipline of celebration.

The 12 Attachment Practices 5

- Provide both relational joy and rest (peace)
 - Create artwork, videos, songs and pictures of relational joy. Put this art on the church website and social media. Display relational joy pictures during services.
 - Arrange for every business in town (that will participate) to have a contest for pictures of relational joy and display entries and winners in the workplaces.
 - Notice who is getting tired at church and work as a group to give them a time of rest.
 - Engage the discipline of service.

The 12 Attachment Practices 6

- Develop mutual mind
 - Create mutual mind with God from reading scripture.
 - Gather in groups of about five people.
 - Read a passage of scripture aloud once and only once.
 - · Have each group recreate that passage from memory and write it
 - Each group answers the question, "What was God thinking when God inspired this passage?"
 - Ask, "What would be different if I thought that way?"
 - · Pray for each other to think more like God thinks.
 - Engage the discipline of scripture meditation.

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The 12 Attachment Practices 7

- · Grow stronger by both moving closer and farther apart
 - Have everyone go on a small "mission trip" outside our usual comfort zone this month.
 - Come back and tell what you saw God doing.
 - Repeat the "trip" a second and third time.
 - Engage the discipline of solitude.

The 12 Attachment Practices 8

- Grow stronger by sharing both positive and negative emotions
 - Survey your group asking, "Which of the six unpleasant emotions do you use to build closer relationships?" The emotions are: sadness, fear, shame, disgust, anger and hopelessness.
- Write any of the six emotions you use to improve attachments on a name tag.
- Gather in small groups and give examples of using the six emotions to build love using the emotions listed on your name tag. Focus on:
 - Jesus' presence in the emotion
 - The joy that resulted from using the emotion for better relationships
 - How you would do it even better next time
- Engage in the discipline of confession for the times we didn't use unpleasant emotions to build better relationships.

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The 12 Attachment Practices 9

- · Help all parties feel stable and act like themselves
 - Spiritual attacks hurt us most when what we value is despised, mislabeled and misunderstood. Sooner or later we will not want to care about whatever is most Christ-like in us. We will be tired of being hurt in that same spot over and over.
 - Help every participant identify the characteristic of Jesus in them that gets hurt most often.
 - Write that characteristic on your name tag, ask others about theirs and explain
 - your own then pray for one another.

 Make a church map of attributes of Christ that will need care and nurture.

 Engage the discipline of fellowship.

The 12 Attachment Practices 10

- · Provide both freedom and connection
 - Use the theme of "nesting" to inspire art and creativity. This is a good way to reach both the community and the next generation with a message about freedom, connection and joy.
 - Share stories with each other of ways that others blessed you with freedom and connection during times of transition and growth.
 - Engage the discipline of chastity without which, building hesed attachment becomes a disaster.

The 12 Attachment Practices 11

- · Stretch limits and capacities slightly to promote growth
 - The Life Model provides stages of maturity (unborn, infant, child, adult, parent and elder). Use the model to:
 - Review where people are now in their maturity, what they need to learn next and what mature person has that skill.
 Identify what maturity skills need more practice.

 - Recognize what skill each person has to train the "next generation"
 - Make personal commitments to receive, practice and give maturity skills.
 - Engage the discipline of frugality.

The 12 Attachment Practices 12

- Create an enduring people (i.e. families, tribes and nations)
 - Every family of faith is in danger of being the last generation unless they actively engage in loving their enemies.
 - Help your church identify who feels like your "enemies" and what makes you want to withdraw or attack.
 - Spend time together in mutual mind with God and with each other to see personal (family), church, community and cultural "enemies" as God sees them.
 - Have each member of your church community make a step (that you support together) to make a personal attachment to an "enemy." This can be an act of repentance, forgiveness or friendship.

 Engage the discipline of sacrifice.

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