



## Foundations of HeartSync Ministry

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## HeartSync

**The Primary Mission Statement of Jesus** (Luke 4: 17-19; Isaiah 61: 1-4)

The scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:

"The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, to release the oppressed, to proclaim the year of the Lord's favor..."

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**The Basic Problem /Condition of the Human Heart with a Promise:**

Ezekiel 11: 19

I will give them an undivided heart and put a new spirit in them; I will remove from them their heart of stone and give them a heart of flesh.

Jeremiah 32: 39

I will give them (undivided hearts) singleness of heart and action, so that they will always fear me for their own good and the good of their children after them.

James 1: 6-8

If any of you lacks wisdom, he should ask God who gives generously to all without finding fault...But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind. That man should not think he will receive anything from the Lord; he is a double-minded or (double-hearted) man, unstable in all he does.

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## HeartSync

Teach me your way, O Lord, and I will walk in your truth; give me an undivided heart that I may fear your name. I will praise you, O Lord my God, with all my heart... (Ps 86: 11-12)

The Lord is close to the brokenhearted and saves those who are crushed in spirit (Ps 34: 18)

He heals the brokenhearted and binds up their wounds. (Ps 147:3)

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The sum of the Law and Prophets (Matt 22:37-40)

Jesus replied: " Love the Lord your God with all your heart and with all your soul and with all your mind." <sup>38</sup>This is the first and greatest commandment. <sup>39</sup>And the second is like it: 'Love your neighbor as yourself.' <sup>40</sup>All the Law and the Prophets hang on these two commandments."

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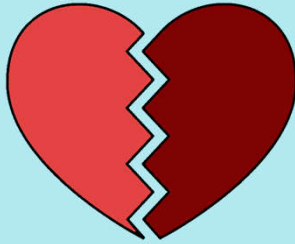
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"Brokenhearted or Divided Heart" defined:

Any persistent separation between and within the heart, soul, mind and spirit of a person (an emotional and spiritual captivity hindering the resolution of conflicted beliefs, as well as pain and trauma), which prevents joyful connection with God and others.

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## 3 Basic Roles of the Divided Heart (1980's &amp; 1990's)



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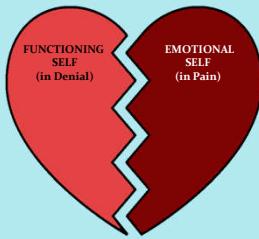
## HeartSync



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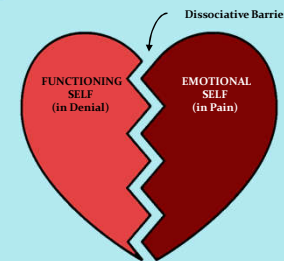
## HeartSync



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## HeartSync



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## HeartSync

- Years of observation with allowed the recognition a "kind of dividedness" closer to the core personality.
- Similar in function to the basic roles of the heart, but seen in personality expression of every day life
- Different from the more pronounced dissociation seen with alter personalities in DID and is evidenced by a "shift" versus the pronounced "switch" seen in DID
- Core Parts can exhibit very different views of reality

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## HeartSync

## Exploring the Universality of Core Parts (2005-2006):

## KEY:

Core Parts and/or their roles are universal to the general population (i.e., We ALL exhibit Core Parts, regardless of where we fall on the brokenhearted continuum).

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## HeartSync

The Three Core Parts which operate closest to daily life along with the Original Self, and so are most likely to be found first are: the

1. Function Part of the heart
2. Guardian Part of the heart
3. Emotion Part of the heart

The Three Core Parts along with the Original Self make up **The Core Complex**

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## The Core Complex

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## HeartSync

The Original Self:

- The heart or essence of the self
- Has the capacity to connect most strongly with God and others

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Function :

Does the daily functioning of life

Believes that knowing certain information about one's history is incompatible with survival or ability to function

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Emotion:

- Most closely connected to the pain, depression and unresolved negative emotion

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## HeartSync

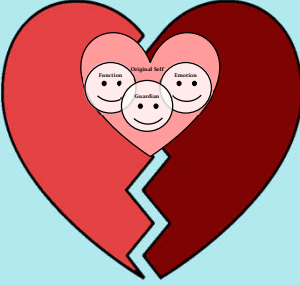
Guardian :

- Believes Function & Emotion must be kept apart or Function will be too overwhelmed to function.
- So is devoted to keeping them apart

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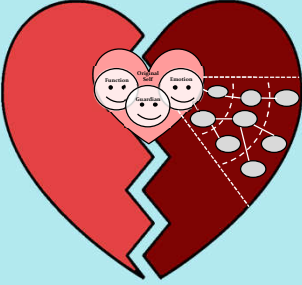
The Core Complex

- Central to the entire heart, soul, mind complex
- With insufficient capacity and overwhelming trauma, and of the Core Parts can divide further to create other Core Parts, or "extensions"
- Core Parts seem very much like the heart of the person, but can hold very different views of reality.



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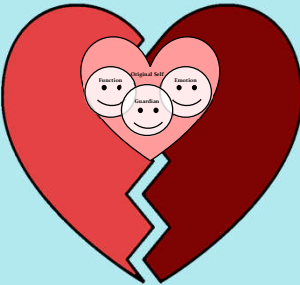
"It is now understood that painful memories, ego states, or alter personalities are extensions out of the Core Emotion and in some cases seem to radiate away from the Core Emotion in layers."



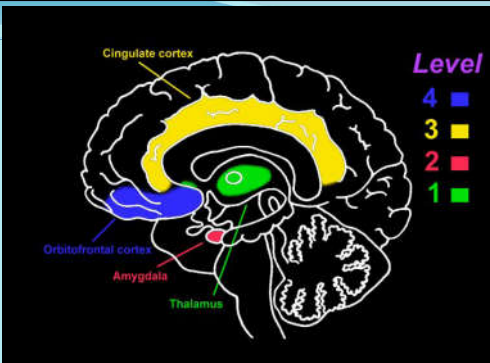
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The Core Complex

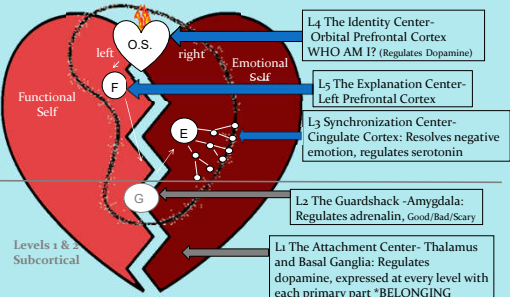
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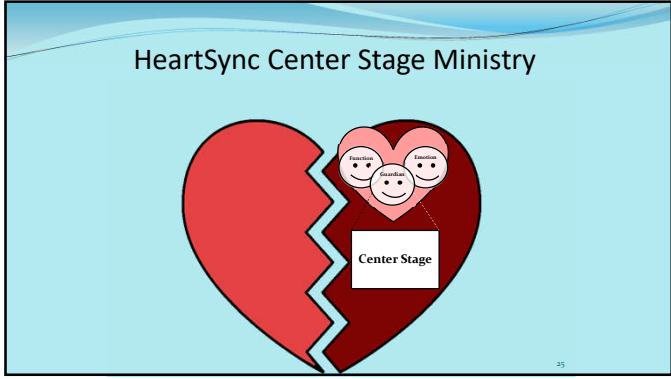
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### HeartSync

**Synchronizing Core Parts to God**

- April, 2008 the Lord spoke and said, "Make sure that you synchronize the Core Parts to me." Ten years of informal research resulted in seeing that:
  - 75-80% of believers sync with God best thru Function
  - 20-25% of Emotion Cores synchronize best with God
  - Nearly 0% of Guardians are connected to God!
  - Initially, it is rare for more than 2 Core Parts to be in relationship with God

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