



Session 1

The Core Model

WLVS

The core model that helps us understand the wounded heart can be thought of as a radio station: WLVS – the demonic radio network: “broadcasting all deception; all the time.” It can also be remembered with the word *wolves* (**wolves**). This model reflects the work of the world, the devil, and the flesh in affecting the way we live.

The goal of this model is to get past “fruit picking” and address “root level” issues.

W – Wounds (The world wounds us.)

- A Trauma is the absence of the good stuff we needed.
 - We miss out on skills that make it hard to bond with joy rather than fear.
 - A Trauma is like killing a plant by not watering it.
- B Trauma is the bad stuff that happens to us.
- C Trauma is related to comparison and how it distorts our view of reality. C Trauma includes wounds of perspective – beliefs and judgments we form about others that affect our emotions about them.

L – Lies – (The devil lies to us.)

- The devil has lies designed directly for you.
- He wants to take you out of the battle by attacking your identity.

V – Vows – (The flesh makes vows rooted in unbelief.)

S – Strongholds (The fruit produced by the vines that grow out of the seeds planted in the wounded places in our hearts)

This series will explore 4 tools for healing the wounded heart: building joy, taking thoughts captive, forgiveness, and listening prayer.

