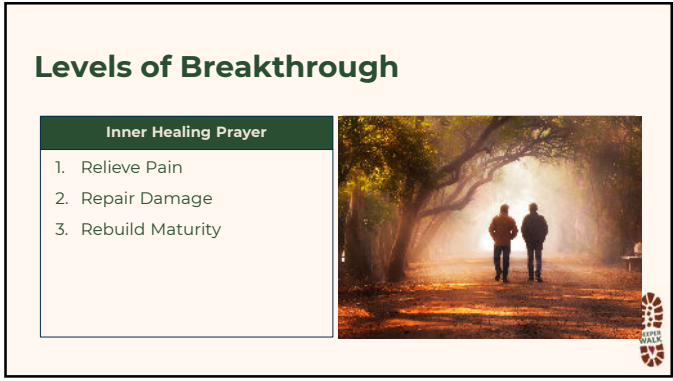


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Levels of Breakthrough


Inner Healing Prayer	Strategic Prayer
<ol style="list-style-type: none"> 1. Relieve Pain 2. Repair Damage 3. Rebuild Maturity 	<ol style="list-style-type: none"> 4. Grow in Maturity <p><i>Therefore...let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, (Hebrews 12:1 NIV)</i></p>



4

Inner Healing and the Five Engines of Breakthrough



1. Body
2. Beliefs
3. Bonds
4. Holy Spirit
5. Wicked Spirits



5


Inner Healing and the BODY

- Move
- Eat
- Doctor
- Sleep





6

Inner Healing and BELIEFS



- **Worldview:**
Hope and Optimism
- **Narrative:**
Story and Meaning
- **Proposition:**
Truth vs. Lies



7


Inner Healing and BONDS



8

Inner Healing and BONDS

Fear Bonds	Joy Bonds
<ul style="list-style-type: none"> • Focus on problems • Anxiety • Irritability • Complaining • Avoids responsibility & shifts blame • Exhaustion • Grabs or avoids power 	<ul style="list-style-type: none"> • Focus on solutions • Appreciation • Thanksgiving • Problem-solving • Owns responsibility • More energy • Shares power



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Inner Healing and HOLY SPIRIT

Holy Spirit directs Inner Healing Prayer

- Guides the Prayer Minister
- Responds to our prayers & journaling
- Provides scriptural insight
- Guides those who pray with us and for us

He knows:

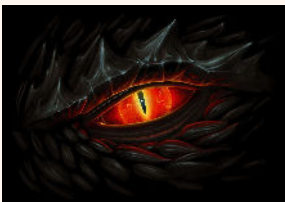

- Where to start and where to go next
- Who we need to forgive
- Why we are stuck
- What we can handle
- What the root issues are
- How to meet our need



10

Inner Healing and WICKED SPIRITS


- IMPORTANT!
- Test the spirits
- Masquerade as angels of light
- Subtle lies/slight deviations
- Blockages
- Left-brain lies
- Right-brain lies

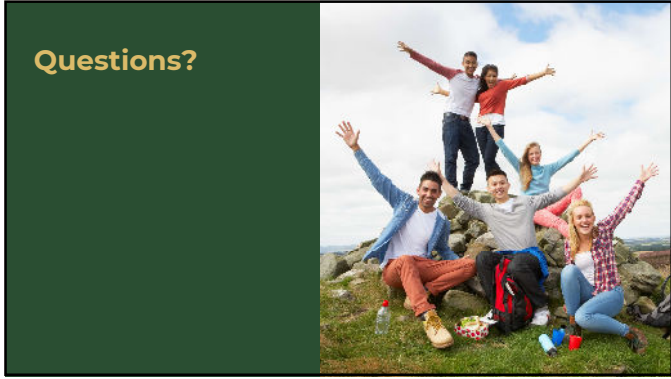
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Inner Healing Tools for Breakthrough

- Scriptural Prayer
- Prayer Worksheets
- Immanuel Journaling
- Group Prayer
- Prayer Ministry



12



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**Deeper Dives
Interactive Learning Groups**

12 Week Interactive Class
Stefanie Hinman
SPRING 2024

Grow Resilience

12 Week Interactive Class
Arica Dawe
SPRING 2024

Emotional Healing

Barbara Moon
10-WEEK SMALL GROUP
Spring 2024

Dealing with Narcissism

deeperwalkinternational.org/deeper-dives

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