



# FREEDOM: Understanding the Wounded Heart

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## Lesson One: What Is Freedom?

### Part Two: Theology of Freedom

The concept “Freedom in Christ” refers to two areas: 1) the freedom we experience at salvation as Christians and 2) the freedom in day-to-day living because we are not living in bondage. The gospel starts with and is anchored in the idea of freedom. Why don’t we live in freedom all the time? If evangelism is about being set free from prison, then discipleship is about building on the foundation of freedom we have received.

The goal of this lesson is to learn the gospel understanding of freedom and to mark out a path for applying how to live in the freedom the gospel makes available.

#### **Reflect:**

*You may want to journal your responses to the following questions.*

1. Which aspect of freedom (evangelism, discipleship) am I most comfortable with? Why?
2. What is currently keeping me from walking in the freedom that Christ has purchased for me?
3. Ponder this Scripture:  
*Is the law then contrary to the promises of God? Certainly not! For if a law had been given that could give life, then righteousness would indeed be by the law. But the Scripture imprisoned everything under sin, so that the promise by faith in Jesus Christ might be given to those who believe. Now before faith came, we were held captive under the law, imprisoned until the coming faith would be revealed. (Galatians 3:21-23 ESV)*

#### **Ask God:**

1. Where does the enemy want me to see myself on this freedom journey?



2. Where do You want me to see myself?

3. What do You want me to keep in mind as I move forward into this study?

***Practice:***

What do you picture when you think about freedom? Draw or describe it in the space below or in your journal. Where do you see yourself in this picture? Where is God?