

A FRESH **START** FOR A HEALTHIER
MARRIAGE

MARCH 15, 2025 - ONLINE



DEEPER WALK
INTERNATIONAL

SCHEDULE

SATURDAY, MARCH 15

(1:30 pm - 4:30 pm Eastern)

1:30p

SESSION ONE:

Why Marriage Can Be So Hard

- How maturity issues impact marriage
- How walking in the flesh undermines marriage
- Core practices for walking in the Spirit in our relationships

2:30p

SESSION TWO:

Spiritual Warfare Issues in Marriage

- How to win the battle for the mind
- How to pray effectively against the enemy's strategies
- The importance of personal freedom
- How to resolve resentment

3:30p

SESSION THREE:

Shrinking the Joy Gap

- Return to joy more quickly after disconnection
- Create stronger bonds and elongate times of happiness
- Boost your enjoyment of physical and emotional intimacy

ONLINE COMMUNITY



community.deeperwalk.com

Want to continue
the conversation?



Find your people in
the Online Deeper
Walk Community.

DIGITAL NOTES



tinyurl.com/DWMarriage25

HOST



NIK HARRANG

Director of Operations, Deeper Walk International

Nik Harrang has an M.A. in Intercultural Studies, Fuller Theological Seminary. In 2001 he helped plant a church and new college ministry in Seattle, where he served in pastoral ministry for 16 years. Nik has served with Life Model Works, THRIVEtoday, and is now Director of Operations at Deeper Walk International. Nik's passion is helping people grow in emotional, relational, and spiritual health.

SPEAKER



DR. MARCUS WARNER

Author, President, Deeper Walk International

Marcus Warner has served as president of Deeper Walk International since 2006. He earned three degrees from Trinity Evangelical Divinity School – M.Div., Th.M. Old Testament, and D.Min. He has written numerous books on topics from Bible to brain science and spoken for ministries around the world. Having led over 20 marriage retreats and spent hundreds of hours counseling married couples as a pastor, Marcus brings a unique combination of the Bible, spiritual warfare, and attachment theory to his presentation on marriage.



MEET THE DEEPER WALK TEAM
deeperwalk.com/our-team

1

MARCUS WARNER

WHY MARRIAGE CAN BE SO HARD



Are there
WOUNDS in my past that have taught me to believe
LIES that have led to
VOWS that are sabotaging my marriage?



Triggers create eruptions.
Eruptions create fear.
Fear creates distance.



Spirit
Thought life
Adversary
Resentment
Training

SPIRIT

All of life comes down to living in the flesh or living in the Spirit. Marriage is no different.

Living in the flesh creates conflict.

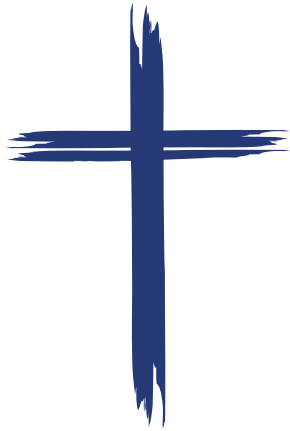
- James 4:1-2, “What causes wars and battles among you? You don’t get what you want.”
- The flesh cares about itself – its own pleasure and the power to protect itself from pain.

GALATIANS 5:19-21

Immorality	Hatred	Dissensions
Impurity	Discord	Factions
Debauchery	Jealousy	Envy
Idolatry	Rage	Drunkenness
Witchcraft	Selfish Ambition	Orgies

HOW THE FLESH WORKS



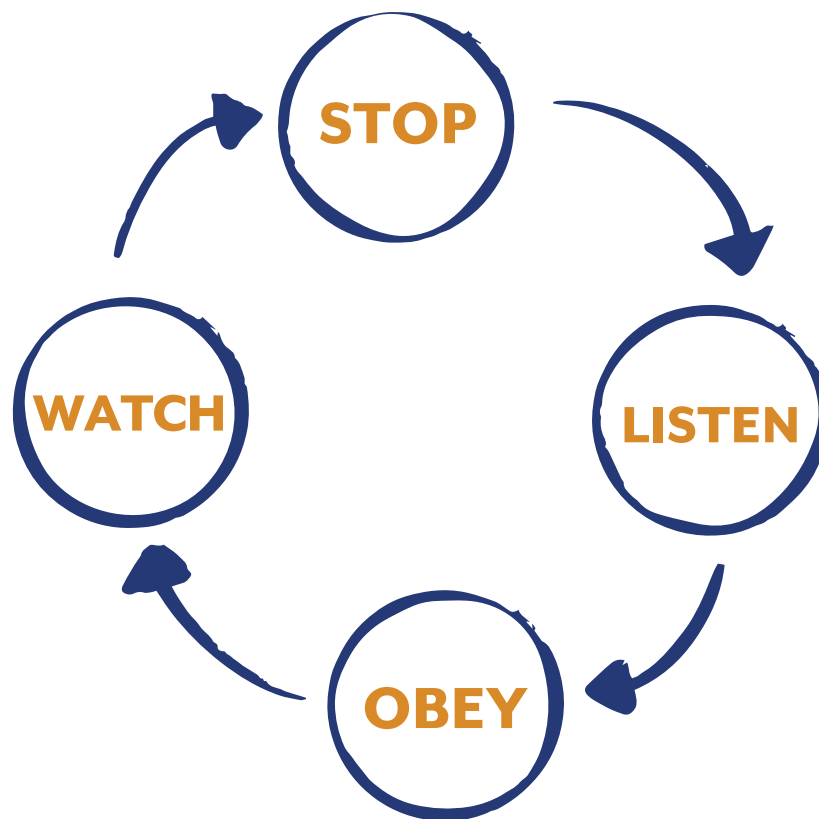


GALATIANS 5:24

Those who are of Christ Jesus have crucified the flesh with its passions and desires . . .

GALATIANS 5:25

Since we live by the Spirit, let us keep in step with the Spirit.



SPIRITUAL WARFARE ISSUES **IN MARRIAGE**

TAKE THOUGHTS CAPTIVE.

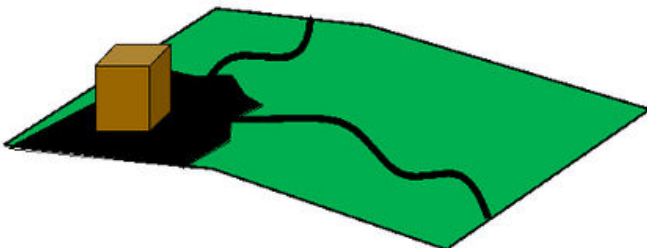


- Not every thought that enters your head is yours.
 - We do not interact with reality as it is very often.
 - We interact with reality as we **imagine** it to be.
-
- In words or pictures, how is the devil trying to get me to see _____?
 - In words or pictures, how do You, Father, want me to see _____?

ATTACK THE ACTUAL ADVERSARY.

- Pray together.
- Pray for cleansing for your property.
- Pray for protection for your family.
- Pray for personal freedom.

How does the enemy get permission to a place in our lives?



How do we surrender ground to the adversary?

- Sin
- Occult
- Unforgiveness
- Lies we believe
- Lineage

How do we reclaim ground from the adversary?

- Confess what gave permission for the adversary to have a place in your life.
- Cancel that permission (repent, forgive, renounce, etc.).
- Command the adversary to leave in the name of Jesus.
- Commit your life back to the lordship of Christ.

RESOLVE RESENTMENT.

Reconciliation takes two. Forgiveness takes one.

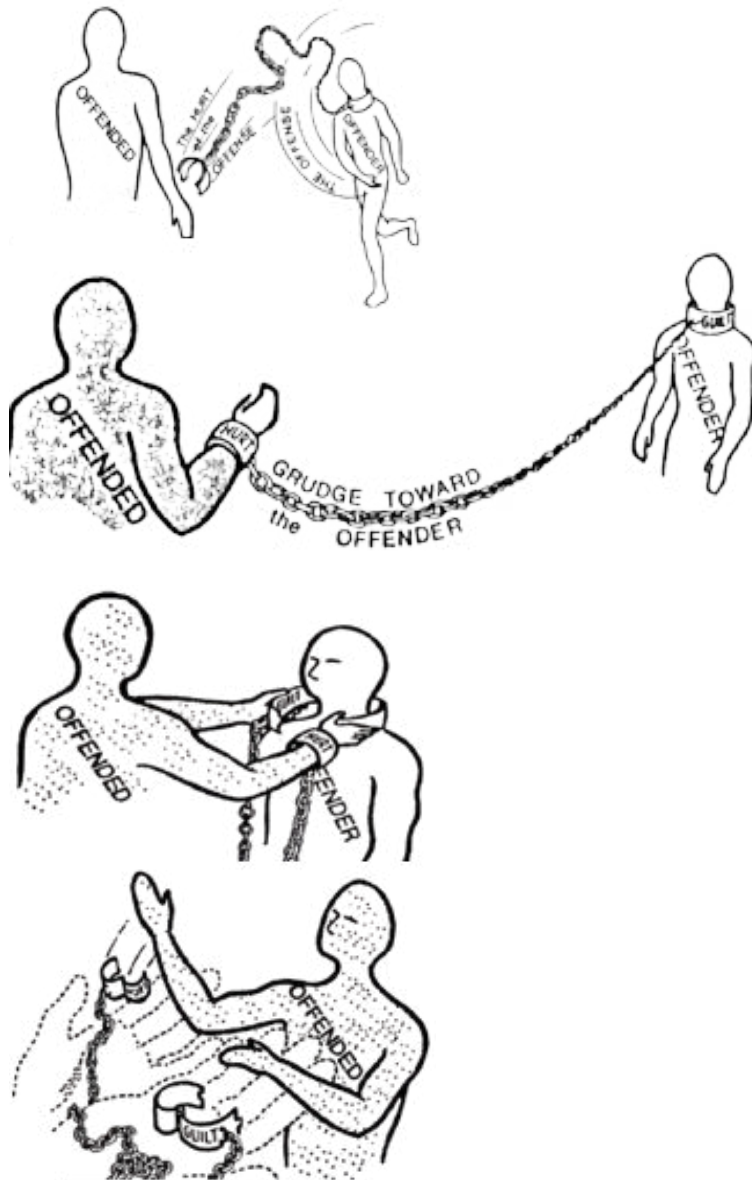


Forgiveness starts with a choice to cancel a **debt**.

- Transfer the debt to the “Kingdom of God Collection Agency.”
 - “Vengeance is mine says the Lord” (Romans 12:19).
- Agree to live with the consequences of what has happened, knowing God is able to work all things together for good in your life (Romans 8:28).
- Overcome evil with good (Romans 12:21). Bless the one who wronged you (Luke 6:28).

Forgiveness starts with a choice to cancel a **debt**.

In the name of Jesus, I choose to forgive _____ for doing _____
and for making me feel _____.



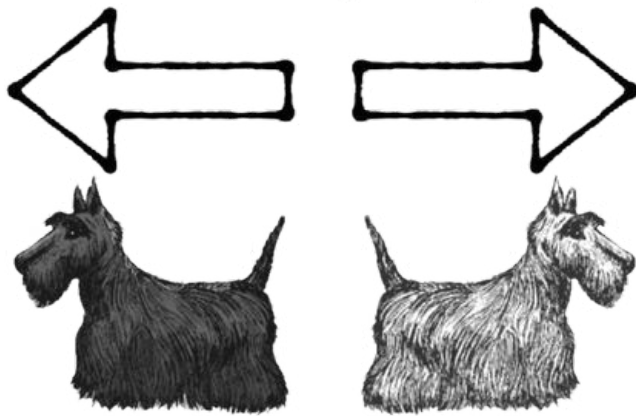
3

MARCUS WARNER

SHRINKING THE JOY GAP

4 STRATEGIES FOR INCREASING THE JOY LEVEL IN YOUR MARRIAGE

THE JOY GAP



**PLAY
TOGETHER**



LISTEN FOR EMOTION



Validate

- Identify the name of the emotion accurately.
 - Joy
 - Attachment Pain
 - Sadness
 - Anger
 - Disgust
 - Shame
 - Anxiety
 - Despair
- Identify the size of the emotion accurately.

Comfort

- Make the problem smaller
- What won't happen
- A new perspective
- A simple plan

Recover

- Feel seen and heard
- Feel like your relational self

APPRECIATE DAILY



- Gratitude
- Anticipation
- Memories
- Experiences
- Singing

NURTURE A RHYTHM



Go deeper on your **joy** journey!

The **4 Habits** of *Joy-Filled* Marriages

For Small Groups or Couples



4habits.org/marriage



Take the 28-day **joy** challenge!

It's never too late to grow your capacity to feel joy, because your brain has the ability to grow joy as long as you live. It only takes your brain 28 days to form a new habit.

1. Sign Up for 28 Days to Joy.
2. Do the Daily Exercises.
3. Watch Your Joy Grow!



4habits.org



2025 AT A GLANCE

EVENTS





				
--	---	---	--	---



Register Now!

Join us in person for the new Deeper Walk Experience that combines teaching with personal and group activities, or join us online for help with healing, marriage, and walking in the Spirit. Want to host an event or watch party? Learn more at deeperwalk.com/events.

SCHOOL OF MINISTRY

			
--	---	--	---



Spring Cohorts are full, but you can apply for the School of Ministry at any time. Enrollment for the fall will begin April 18th, 2025. Current students and graduates, stay tuned for reunion and graduation updates. Learn more at deeperwalk.com/som.

DISCIPLESHIP PATH



For years, people have asked us for a complete system that walks people through heart-focused discipleship. That system will be complete with the release of two self-paced courses on *Spirit & Scripture* and *Heart-Focused Community* in the fall and winter of 2025. Learn more about the Discipleship Path at deeperwalk.com/discipleship.

2025 EVENTS



RISE ABOVE CONFERENCE

WHEN: On Demand Now

WHERE: Online

WHAT: Learn how to deal with the past, rise above adversity, and love others well - with Jim Wilder, Eric Scalise, Marlene Allen, Dawn Whitestone, & Marcus Warner.

REGISTER: deeperwalk.com/events



THE DEEPER WALK EXPERIENCE

WHEN: August 15-16

WHERE: Franklin, TENNESSEE

WHAT: This in-person event will bring together teaching and workshop activities in an overview of the heart-focused discipleship F.I.S.H. Model.

REGISTER: deeperwalk.com/events



WALKING IN THE SPIRIT

WHEN: September 13

WHERE: Online

WHAT: How to walk in the Spirit. Join Marcus Warner, Asheritah Ciuciu, and more!

REGISTER: deeperwalk.com/events



THE DEEPER WALK EXPERIENCE

WHEN: October 24-25

WHERE: Chicago, ILLINOIS

WHAT: This in-person event will bring together teaching and workshop activities in an overview of the heart-focused discipleship F.I.S.H. Model.

REGISTER: deeperwalk.com/events



IS GOD CALLING YOU?

Help Real People with Real Problems



Is God stirring your heart? Check out the Deeper Walk School of Ministry at DWISOM.org for more information.

Find Out More

- about curriculum
- about schedule
- about price
- about prerequisites
- and more!

Are you ready?

- 1) Check the website for prerequisites.
- 2) Submit your online application, including your references.
- 3) If your application is accepted, you will be invited to enroll in the program.

Do you have a desire to be trained for more effective ministry – to see wounded hearts healed and captives set free?

Are you a spiritually mature Christian wondering what's next? Are you a pastor, missionary, or life coach looking for practical tools?

Check out the Deeper Walk School of Ministry! We equip, empower, and unleash prayer ministers to help those they serve to

- walk in **freedom**
- experience real **emotional healing**
- grow in **maturity** as they follow Christ

Join a hands-on, heart-focused discipleship™ training program in practical ministry skills.

GET EQUIPPED.

You will gain the ministry tools needed to help hurting people experience **Freedom**, understand their **Identity in Christ**, walk in the **Spirit**, and live in **Heart-Focused Community**.

For years, Deeper Walk has provided valuable teaching on how to help people identify and overcome the obstacles to their own deeper walk with God.

Now we are building on that foundation by providing experiential training to help pastors, lay people, and even clinicians gain the practical tools they need for effective heart-focused discipleship ministry.

DWISOM.org



THE DISCIPLESHIP PATH

Experience a deeper walk with God. Through the unique process we call heart-focused discipleship, you will experience the freedom and maturity growth Christ has for you.

We have seen this biblical, practical process help Christians and churches everywhere experience true, lasting transformation.

The heart-focused discipleship model walks through five key elements that you can think of as *"FISH, Go FISH."*

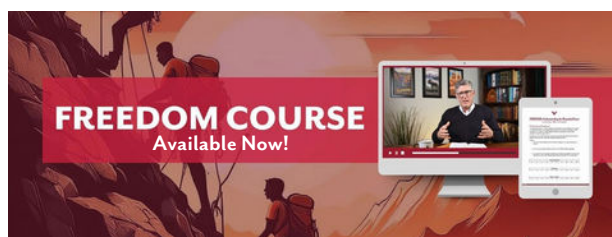
F.I.S.H. stands for Freedom, Identity, Spirit & Scripture, and Heart-Focused Community.

These four areas are vital to personal growth, but a fifth area is also crucial. In His love for us, God designed us to need each other. Therefore, part of our own personal growth includes helping others in their walk with God. This leads us to Mission.

Because these areas are so foundational, we want to provide a clear growth path for each one.

THE F.I.S.H. COURSES

Go deeper in each area of heart-focused discipleship with these self-paced courses. We are confident that as you walk through these courses, you will find yourself going deeper in your daily walk with God!



This self-paced course offers a biblically balanced, practical guide to understanding how your heart gets wounded, and more importantly, how to see it made whole again.



This self-paced course is designed to help you understand your true identity as someone who is designed by God, who has died with Christ, and who has risen to a new identity in Him.

Stay tuned! Spirit & Scripture and Heart-Focused Community courses are due to release in fall and winter of 2025.

LEARN MORE
[DEEPERWALK.COM/DISCIPLESHIP](https://deeperwalk.com/discipleship)

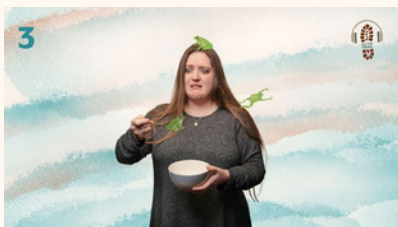
PODCAST



**STAY ON THE TRAIL TOWARD A DEEPER WALK WITH GOD
WITH FATHER-DAUGHTER DUO MARCUS & STEPHANIE WARNER.**

Listen in on conversations about important models and concepts that inform the way we live the Christian life. We talk Bible, theology, & practical issues related to heart-focused discipleship.

WATCH



LISTEN



deeperwalk.com/podcast

Hang out with us on Deeper Walk's socials!



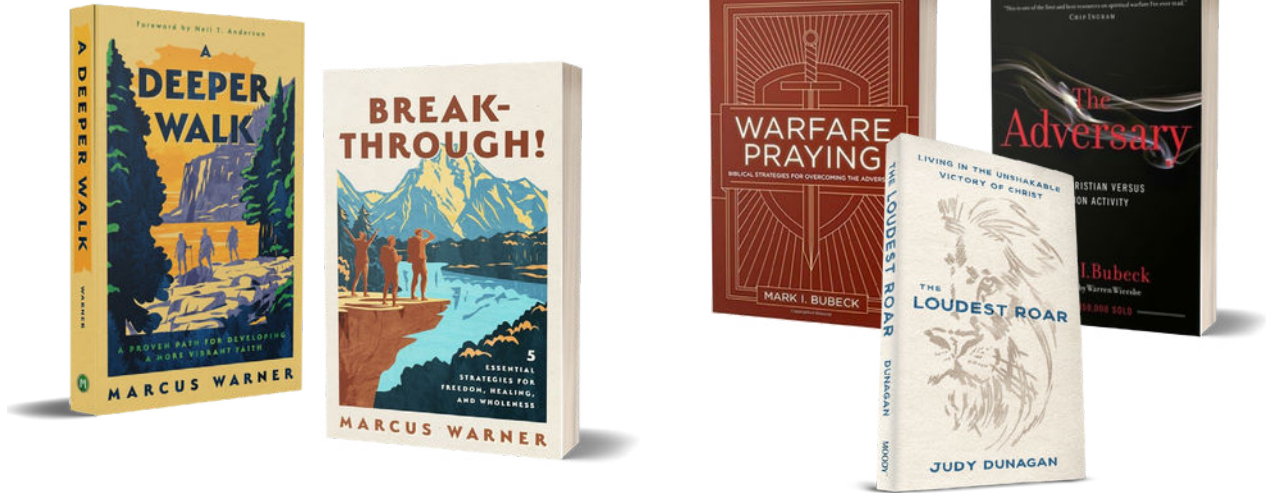
@deeperwalkinternational

The Deeper Walk Bookstore

DeeperWalk.com/bookstore

DISCIPLESHIP

SPIRITUAL WARFARE

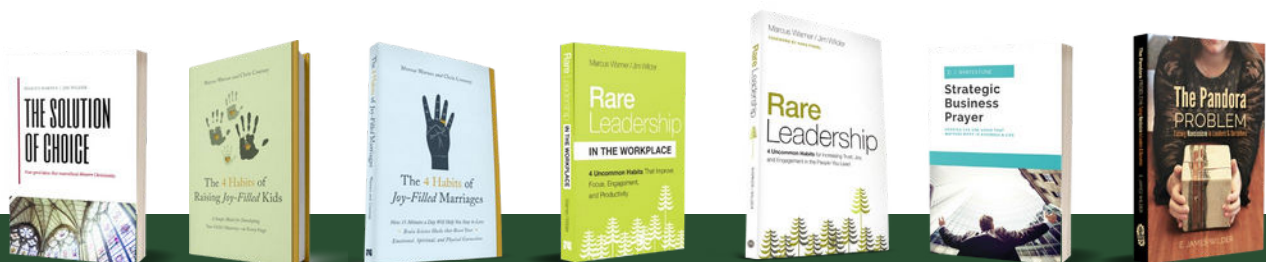


RESTORATION

GROUPS



... AND MORE!



Donate

Join us in our mission to help Christians everywhere live with greater freedom, maturity, and kingdom impact.



Has Deeper Walk helped you?

Have you experienced greater freedom in Christ, found healing for your heart, or grown in maturity through the ministry of Deeper Walk?

If so, we invite you to partner with us in reaching multitudes more!



Help others walk in freedom, grow in maturity, and win life's battles through Deeper Walk.

Your donation keeps people walking deeply with God!

Become a Trailblazer

Through your monthly giving, you are partnering with Deeper Walk so that together, we can blaze a new trail for multitudes to follow into a deeper walk with God through heart-focused discipleship!

Plus receive free access to the Learning Library Premium (\$11.99/month value) with your monthly donation.

Donate online at
deeperwalk.com/trailblazers



FREE

BASIC

Included **free** with every Deeper Walk online account!

Nina Roemer	Maribeth Poole	Kristin Cary	Judy B. Dunagan
John Lynch	Jeff Pekone	Ed Khouri	Dr. Neil T. Anderson
Dr. Mark Bubeck	Dr. Marcus Warner	Dr. Karl Payne	Dr. Josef Tsou
Dr. Jim Wilder	Dr. Jim Logan	Dr. Henry Blackaby	Dr. Erwin Lutzer
Dr. Dan Rumberger	Deni Huttula	Dean Vander Mey	Dawn Whitestone
Bill Atwood	Rev. Mike Jones	Greg Neumayer	Dr. Alaine Pakkala
Melissa Finger	P. Mutz & L. Mutz	Juni Felix	Stasi Eldredge
Sungshim Loppnow	Suzie Larson	John Eldredge	C. Little & M. Wilson
Father Andrew Miller	Amy Brown	Stefanie Hinman	Michael Hendricks
Nik Harrang	Steve Prince	Rich Miller	R. & T. Dunton
David Takie	Chris Coursey		

\$11.99/MONTH

PREMIUM

DISCOVER

THE LEARNING LIBRARY

Deeper Walk’s streaming service includes hundreds of hours of resources from dozens of presenters. Explore talks from almost every Deeper Walk conference we’ve offered in topics like . . .

- Heart-Focused Discipleship
- Spiritual Warfare & Emotional Healing
- Brain Science & Relational Skills
- Marriage & Parenting
- Leadership & Biblical Foundations
- and more!

We have two levels available: Basic and Premium.

- **LEARNING LIBRARY BASIC** gives you access to Deeper Walk’s free video content all in your Deeper Walk account. It offers over two dozen webinars & three online courses.
- **LEARNING LIBRARY PREMIUM** gives you all that plus access to 100+ hours from almost every course and conference Deeper Walk has done in the past decade.

With new presentations being added regularly, the value of your membership will consistently increase. Become a Premium subscriber and gain access to the entire Learning Library instantly. It’s only **\$11.99/month** or get 2 months free at **\$119/year**.

One more thing . . . Are you a Trailblazer? Deeper Walk’s monthly trailblazer donors get free access to the Learning Library. We hope this resource helps you as you go ever deeper on your walk with God.

JOIN NOW - \$11.99/ MONTH

Cancel Anytime - No Contracts - No Extra Fees

deeperwalk.com/learning-library



ACTIVITIES

ACROSTICS

Can you fill out each acrostic?
Try using this as a coloring page, too!

S

T

A

R

T

S

L

O

W