



LESSON ONE: INTRODUCTION TO SPIRIT & SCRIPTURE

Part One: The Role of the Holy Spirit

“But I say, walk by the Spirit, and you will not carry out the desire of the flesh” Galatians 5:16 NASB20.

What does it mean to “walk by the Spirit”? *Walking* is a biblical metaphor for *relationship*, and this is ultimately what we want more than anything—to be in relationship with God. We can think of walking in the Spirit like the two wings of an airplane: relationship and Scripture. This opening session sets up the importance of the Holy Spirit as a source of relationship, power, and wisdom on our walk with God.

The goal of this session is to clarify the role of the Holy Spirit in our daily walk with God.

Reflect:

- What experience do you have with the Holy Spirit or teachings about the Spirit in general? How does your church talk about the Spirit?

- What are you hoping to get out of this course? List a few hopes or goals.

- **Consider the roles of the Spirit discussed in this session.** On a scale of 1 to 10, with 1 being least familiar and 10 being most, rate how familiar you feel with these three roles of the Holy Spirit. Mark your answers on the scales and use the space below the chart to reflect about your experience with each role.

POWER									
1	2	3	4	5	6	7	8	9	10
WISDOM									
1	2	3	4	5	6	7	8	9	10
RELATIONSHIP									
1	2	3	4	5	6	7	8	9	10

Ask God:

NOTE: This section is designed to facilitate conversation with God in prayer. If you're unfamiliar with conversational prayer, you may want to read through the guide called "How to 'Ask God.'" This can be found in the Resources and Helpful Info segment near the beginning of the course.

- ☐ God, thank You for wanting a relationship with me and for sending Your Spirit.
What do You want me to know as I step into this course?

Practice:

NOTE: Keep this worksheet! You will need it for Lesson Ten.

These Interactive Application worksheets are designed to help you navigate the journey of learning to walk in the Spirit.

We recommend that you keep them together in a folder or three-ring binder. This will become a keepsake record of the progress in your journey.

Don't underestimate the importance of this. Without a written, tangible record, we often forget how far we've come. With a record, we can marvel at the goodness of God in our lives. We see this biblically in verses like this one:

At the LORD's direction, Moses kept a written record of their progress. These are the stages of their march, identified by the different places where they stopped along the way. Numbers 33:2 NLT

Next Steps:

Congratulations! You are on your way. Be sure to move on to Part Two of Lesson One as you continue going deeper on your walk with God!